

**'I was asked to be a mentor by my church, and I felt very inadequate. I'd not had any experience of being a mentor before, but I found the materials really helpful as they equipped me to meet with my mentee each month.'**

Hugh, mentor

## Thinking about being a mentor

This handout is to be used with 'Christian mentoring – an introduction for mentors'. Once you've read this, take some time to reflect on the questions below to help you think through whether you could offer yourself for the mentor training. Remember, there is no perfect mentor!

You may like to discuss these questions with a friend to see what they think. When you've finished reflecting, talk with the person who gave you this handout about your response.

### For reflection

- What would excite you about being a mentor?
- What would daunt you about being a mentor?
- What do you think you have to offer a mentee?
- Reflecting on the qualities for Christian mentors on page 9, how do you respond to the list?
- What questions are you left with?
- What would prevent you from offering yourself for training? Is this sufficient a reason?

### A prayer

Lord,  
here I am.  
I offer myself in your service.  
Please take all you have done in and through me,  
and use it for your purposes.  
Help me to discern whether to explore further being a mentor.  
I trust myself to you.  
In Jesus name, Amen.