PREPARATION/ INTEGRATION TASKS
An Introduction

Purpose

Arrow aims to equip leaders:

- To be led **more by Jesus**, knowing him and understanding his will.
- To lead **more like Jesus**, working well with others to enable his people to be a missional community.
- To lead **more to Jesus**, helping people of all ages come to know Jesus in our generation.

Within this overall aim, the purpose of the preparation and integration tasks is to help participants to incorporate what they are learning into their everyday life and leadership situations. When attending a conference, it's all too easy to enjoy what is being learnt, be stimulated by enthusiastic speakers, resolve what to do – and when returning home, do nothing about it. The notes can be filed away with no time set aside to do anything about what has been learned. Arrow aims to be different.

The preparation and integration tasks create space to act by focusing on particular activities. The tasks are just one part of this process. Following on from each residential there will also be questions to discuss with your mentor and in your peer cell.

Principles

You should expect to set aside three hours a week for Arrow: this should include meeting with your mentor and peer cell, as well as preparation and integration tasks. Some of the tasks relate to the programme more generally, such as completing assessment inventories, while most relate to topic areas.

- **Pre-residential preparation tasks** are mainly devised by leaders of particular sessions to help you to prepare for the subject they will cover, and sometimes to make them aware of issues to address which are most relevant to your situation.
- **Post-residential integration tasks** relate to the main input areas on each residential, and are designed to help you ground the material from the residentials into daily life. Some of these tasks are for everyone to complete, others are optional.

Preparation and Integration tasks are meant to be useful. Approaches may include watching a video, interviewing someone, taking a quiet day, completing an inventory, starting a new activity, as well as reading, short writing and reflection assignments. The tasks are for your benefit, so there are a variety of activities, recognising people's different learning styles.

Process

Pre-residential preparation tasks are sent to you about six to eight weeks before the residential, and normally need to be completed by the residential and brought with you. If information is to be sent in advance to a speaker, the necessary action and deadlines will be made clear. Full details of post-residential integration tasks for each module are given on the module overview sheets, and a summary and checklist is also provided. These should normally be completed by eight weeks or so after the residential (and before the next ones arrive). There are some tasks that are mandatory, and some that can be chosen from a range of options.

There will be opportunity to discuss some of the tasks with your leadership partner, and many of them with your mentor (who also receives a copy of the module overview sheets). Some we will ask you to send in to us. We won't be 'marking' them, but do want to offer some feedback on what you're doing and some accountability to ensure they are done.

When sending in a completed tasks, please email or post them to Sally, and

- Ensure your name is on it.
- Ensure it is on time.
- Preferably send it in as an attached document by email.

If you have any queries about preparation or integration tasks please contact Sally.