ALP18:2 MODULE OVERVIEWS

ARROW LEADERSHIP PROGRAMME

DEVELOP				
The Resilient Life	Personal Evangelism	Discerning Direction	Encountering God	Discerning Personal Vision (2)
REFLECTING ON THESE MODULES, WHAT NEW PERSONAL OR LEADERSHIP GOALS DO YOU SENSE GOD NUDGING YOU TOWARDS? OR IS THERE AN EXISTING GOAL HE IS NUDGING YOU TO REVISIT? MAKE A NOTE OF ANYTHING THAT COMES TO MIND.				

© CPAS Not to be used without permission

ALP18:2 MODULE OVERVIEWS

FOCUS	EXPLORE	
The Resilient Life		
One of the first priorities of leaders is to lead themselves well. There are many areas where this will be difficult, perhaps most especially when leading under pressure. Tension, stress and burnout are all too common among Christian leaders. This module examines some of the spiritual issues that lie beneath issues of stress, as well as the drivers that often take us beyond the call of God. It offers a way of understanding pressure and some guidelines for living in the unforced rhythms of grace.	**MENTOR** • Identify the most challenging realisation from the module and talk through with your mentor why it is a challenge and how you can address it.	**PEER CELLS** 'Stress is the adverse reaction people have to excessive pressure.' HSE definition. • What pressures are you currently facing? • Where are you on the pressure/performance chart (page 3)? • What most helps you cope with pressured times?
Discerning Direction		
One aspect of leadership is discerning what to focus on, where to go. For those in Christian leadership this is about discerning God's direction. With many models of how to do this, and some confusion over terms, this module looks at how to lead well with others to discern where God is leading in a particular context at a particular time.	**MENTOR** • Discuss your experience of discerning direction: how do you feel about having responsibility for helping those you lead discern where God is leading? What would help you become more confident in this area of your leadership?	**PEER CELLS** • Agree beforehand that you are going to use an action learning set approach (see pages 15-16, Discerning Direction, Part 4: Putting it into practice) to help someone with an issue they have with discerning direction. Identify who this person is, who will facilitate the time, and then when you meet follow the guidelines.
Personal Evangelism		
Continuing the evangelism track this module explores personal aspects of evangelism. It offers an opportunity to reflect on the experience of questioning people on the streets, and to reflect on how we are getting on in sharing the faith ourselves. It is built around the premise that leaders are called to model what they long for others to do.	**MENTOR** • When was the last time you shared the faith one-to-one with someone? How did it go? What would you like to learn in this area? Do you feel confident in leading someone to faith in Christ? • How is praying for your contact people going? What is the particular focus of your prayers at this time?	**PEER CELLS** • How could you best support each other in sharing faith personally? • How can you pray for each other in this area?
Encountering God		
Leaders in the western world often achieve their ministry success through activism. Dependence on God is easily replaced by dependence on personal ability or past accomplishment. The barrenness of a busy life becomes a norm rather than a season. Without a sustaining and transforming relationship with God the exterior life of ministry can quickly become a facade with no real foundation. How do we encounter God in busy lives? How does God want to change us? How can we grow through spiritual disciplines?	**MENTOR** • How was your experience on the Encountering God day? Exciting/boring/intellectually stimulating/intimate with Jesus/frightening/baffled by the mystery of God/worrying because God seemed really absent/wonderfully relaxing and reassuring. What did you learn through the day? • Discuss how you encounter God and the place of the spiritual disciplines within this. Talk about the discipline you think you most need to work on. Identify the next steps forward.	**PEER CELLS** • Discuss those things that undermine your ability to have a regular time of prayer. • How can you support each other in your desire to pray?
Discerning Personal Vision (2)		
One of the great challenges as a leader is how we spend our time and invest our energy. So much to do, so many different possibilities. How do we decide? As one person put it: 'It is much easier to say no if you have a burning yes inside of you.' This module is spread over the three residentials, and provides a practical way of gaining greater clarity on God's call on our lives, as well as some tools to ensure we live it out.	**MENTOR** • In your next mentoring meeting share your next draft of your personal vision statement. Invite your mentor to comment on it and offer anything that might help you live it out.	**PEER CELLS** Share your personal vision statements. Listen carefully to them. You could offer each other feedback, perhaps using the questions below as a guide: • What most struck/inspired you about their personal vision statement? • What would you like most to pray for the person as a result of hearing their personal vision statement? • What, if anything, concerned you?