DISCERNING PERSONAL VISION (2)
Introduction

Session Focus

- Work and rest

Session Aims

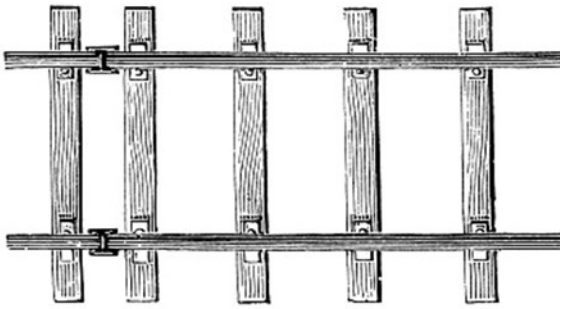
- To continue the process of discerning God's vision for our lives.
- To explore practical ways to live out God's call on our lives.

Introduction and Review

- Red zone and tick-over living.
- Big stones.

KEY INSIGHTS

DISCERNING PERSONAL VISION (2)
Introduction



Tracks

Selfcare → Self indulgence

Self denial → Self damage

SELF CARE
- Matthew 22:38 'Love your neighbour as yourself'.
- Acts 20:28 'Keep watch over yourselves…'.
- 2 Timothy 'Watch your life and doctrine closely'.
- Self-care refers to our structural self, being human we need rest, refreshment, encouragement.
- Not rusting out, burning out but running out the race set before us.

SELF DENIAL
- Luke 9:23 'If any want to follow me, let them deny themselves, take up their cross daily and follow me.'
- Romans 12:3 'not to think of yourself more highly than you ought…'
- Philippians 2:4 'look not to your interests but to the interests of others'.
- This call to self-denial refers to our motivational self. Denying self-interest.
- Changing self-interest for salvation interest.

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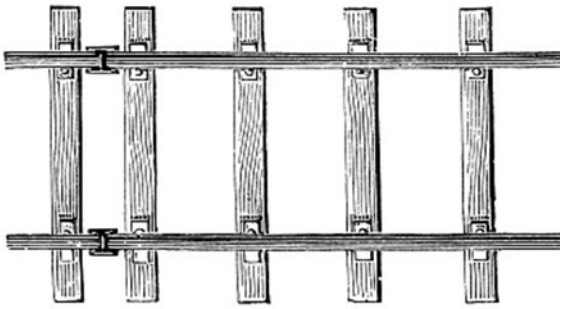

Sleepers

1. Keeping God at the centre.
2. Servant heartedness.
3. Detachment and engagement.
4. Accountability.
5. Personal Orderliness.

PRACTICAL STEPS TO LIVE WITH GODS PRIORITIES

SLEEPER 1: CHRIST-CENTRED

'The main thing is to keep the main thing the main thing.'
Stephen Covey

SLEEPER 2: IMITATOR OF CHRIST

'Make sure your life sings the same song as your lips.'
St. Augustine

KEY INSIGHTS

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SLEEPER 3: SABBATH

> 'Sometimes our busyness results from our own insecurity.'
> Ajith Fernando

SLEEPER 4: ACCOUNTABILITY

> 'Sometimes our busyness results from our own insecurity.'
> Ajith Fernando

SLEEPER 5: PERSONAL ORDERLINESS

Working with natural rhythms

- Recognise daily rhythm.
- Recognise weekly rhythm.
- Recognise monthly/termly rhythm.
- Recognise yearly rhythm.

KEY INSIGHTS

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- Three Big Things

> 'In the absence of clearly defined goals, we become strangely loyal to performing daily trivia, until ultimately we become enslaved by it.'
>
> Robert Heinlein

Questions to Use for Reflection

- What have I learned about God and myself over the last year?

- What has changed in my personal, family or work life?

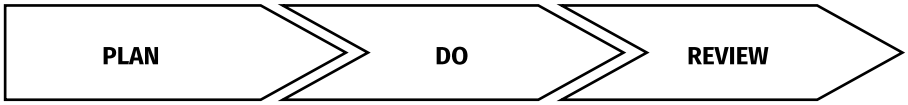
- What needs changing in the light of the answers to the previous questions to ensure my vision statement continues to reflect where I sense God is leading me?

KEY INSIGHTS

DISCERNING PERSONAL VISION (2)

PVS — Practical Next Steps

DEVELOPING OUR PVS



KEY INSIGHTS