ARROW - THE FUTURE
Post Residential Matters

Wrapping Up with your Mentors

As your Arrow mentoring journey comes to an end in October, it's a good idea to chat with your mentor and agree on an end date—ideally by the end of October. Some mentors are open to continuing, some are willing to continue a little longer, and this is a conversation you can have, but please be mindful of their time and commitments.

When it's time to say goodbye, think about:

Unfinished Business Ask your mentor if there's anything else they think would be helpful for you to keep working on. They often have great insight into your next steps.

Show Some Love Let your mentor know what's been meaningful for you. A heartfelt thank-you—whether in person or in a note—can go a long way. If you think they'd be great at mentoring others, say so!

A Small Gift Mentors don't get paid for this, so a small token of appreciation (a coffee voucher, book, or handwritten note) is a nice touch.

Also, take a minute to think about your future mentoring needs. We hope mentoring becomes a regular rhythm in your life—both receiving and offering it.

Your Intercessor

After the residential, drop your intercessor a quick message. Once Moving On Day is done, send them a thank-you note—and if you're feeling extra generous, a little gift wouldn't go amiss. They'd love to hear how Arrow has impacted you.

Peer Group Check-In

It's up to your group to decide what's next. Some might want to keep meeting, others may feel ready to wrap things up. Whatever you decide, make sure everyone's on the same page and that it's clearly communicated.

Development Planners

Don't forget to complete your post-residential development work—it ties together everything from Residential 4.

KEY INSIGHTS

ARROW - THE FUTURE
The Arrow Community

The Arrow Community

We send out Arrow Community emails with specific event dates, and general information following the Moving On day in October. We also have an Arrow Leadership Programme UK Facebook group which we will invite you to join after Moving On day.

Arrow Reloaded

We run a conference every other year for those who have completed Arrow.

- **Purpose** as leaders we need to be constantly re-calibrating. Arrow Reloaded provides a great way to recalibrate in an Arrow-like way with Bible teaching, input, worship, space for reflection, and opportunities to reconnect with people from your programme and the wider Arrow UK community.
- **Dates** Monday 25 (around 5pm) to Thursday 28 January 2027 (2pm).
- **Venue** The Hayes, Swanwick.
- **Cost** TBC (2025 was £350).
- **Booking** We'll let you know when bookings open.

Please put the dates in your diary now.

Arrow Worldwide

You are part of something much better than ALP18!

KEY INSIGHTS

PRAYER FOR NEW ARROW PROGRAMMES:
Moldova*
Slavic Hub*
Central Asia (Uzbekistan)*
Ukraine (Starts autumn 2025)
*Started this year

FUTURE PROGRAMMES:
Congo (Planned by Arrow Switzerland)
Thailand

ARROW - THE FUTURE
Programme 18

Know Someone Who'd Love Arrow?

Arrow Leadership Programme 19 Word of mouth is powerful—most people join the Arrow Programme because someone they trust recommended it.

If you've got a friend, teammate, or colleague who you think would benefit from the journey, keep them in mind! Next week, we'll send you an email you can easily forward to them. It'll include all the info they need to check it out and register their interest: www.cpas.org.uk/arrow.

Three people that I would recommend Arrow to:
1.
2.
3.

Arrow Taster Webinars: Tuesday 1 July, 2-3pm; Wednesday 17 September 9-10am.

Summing Up Your Arrow Journey

Most people hear about Arrow through someone who's already been part of it—and that someone is now *you*. We'd love your help in inspiring others to consider joining the next round.

Think of someone who's wondering what Arrow is all about. Share from your experience:

- What's one insight you'd pass on to someone curious about Arrow?
- How would you describe the heart of the Arrow experience?
- How has God moved in your life through Arrow?
- What's one thing you've loved most about being part of the programme?

One **word** that sums up your Arrow journey
Go with your gut—whatever word comes to mind first.

A **sentence** you'd use to recommend Arrow to someone else
Keep it real, keep it you.

A **short** paragraph about your experience of Arrow:
Think of it like a mini-story—what made it meaningful, challenging, or transformative?