



STAYING FRESH AND FAITHFUL

In Ourselves – CPAS Webinar: May 2022

Here are links to some things that may be of interest following the webinar. Don't try and use them all, choose selectively what will be of most help or interest to you at this time. If you come across good materials, please do send us a link.

CPAS Resources Produced During COVID

ONLINE

- **Zoom** How to set yourself up well to be a part of a [Zoom](#) meeting.
- **PCC** Two guides for holding online PCC meetings: for PCC members [Getting Ready for a Zoom PCC Meeting](#); for those chairing PCCs [How to Lead a Zoom PCC Meeting](#).
- **Preparing to train online** [Reflections](#) on lessons learned on how to run online training.
- **Home working** Tips on how to [work well from home](#).

THE FUTURE

- **Four questions** A [matrix](#) for thinking about coming out of lockdown.
- **Ten questions** A [guide](#) to identifying the ten important questions for you and your leaders to address at this time.
- **Handling expectations** A guide to handling the variety of [expectations](#) that come our way as leaders.
- **How to Engage** with the different people around us in a time of change.

ENCOURAGING VERSES

- **Hope** Postcards with verses on [hope](#), and a verse for each day of the month [sheet](#).
- **Praise** [Verses](#) for each day of the month to prompt us to praise God.

RECOVERY RESOURCES

- **A Guide to Leading Through the Recovery Phase** Ideas and [resources](#) on what to do.
- **A Recovery Event on Zoom** An outline for a 40 minute [event](#) on Zoom to help people process their experience of the pandemic.
- **Recovery Order of Service** An outline of an all-age online or onsite [order of service](#) to help people process their experience of the pandemic.
- **My Pandemic Experience** Four guides for people to use in their homes to help them remember, reflect and recuperate. One each for [church members](#), [families](#), [young people](#), and [people within the community](#).
- **A Space for Processing** A guide for how to use our [buildings or churchyards](#) as a space for those looking for somewhere to process their experience of the pandemic.
- **Habit checker** We've created a free downloadable [habit checker](#) to share with your congregation members to help them review their habits and develop healthy ones.
- **15 Ideas to Encourage People to Return** Practical suggestions to help people to [return to church services](#).

Resources for this Webinar

- **Pastoral Envy** A great blog post by [Chris Green](#) reflecting on how easy it is to slip into envy as a leader.
- **Leading in a Time of Chaos** Bishop Steven Croft reflects on the stressful impact and experience of the pandemic for church leaders, and thinks ahead to priorities for ministry as we still lead in chaos and unprecedented situations. [Available as blog and video](#).
- **Three Truths to Change How You Experience Stress** Podcast episode with [Megan and Michael Hyatt](#) looking into different types of stress and ways to help to reshape stress to not let it become too overwhelming or debilitating.

IN ADDITION

- **Leading Your Church in a Rapidly Changing World** Glenn Packiam is interviewed for the [Leadership Show Podcast](#). Article. A good conversation looking into the challenges of church leadership.
- **Trauma in Congregations** A [Church Pulse Weekly](#) podcast interviewing Dr Thema Bryant on how best to respond to trauma in congregations.

LEADERSHIP WEBINAR RECORDINGS AND RESOURCES

All previous webinars are available to watch on the CPAS YouTube channel [here](#). You can also download previous handouts and resource sheets [here](#).

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ON

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