SWEET STUFF

This icebreaker game should help everyone mix together well at the start of the session – participants, leaders and visitors.

Prepare small bags or envelopes with a selection of different coloured sweets in each. We suggest Smarties or M&Ms. Distribute the sweets and invite people to pair up and start enjoying their treats. But, to enjoy a sweet, you must share a personal fact (or aspiration) according to the colour of the sweet selected – as shown here.



COLOUR	PERSONAL FACT
RED	Top hobby
GREEN	Top place on earth
BLUE	Top memory
YELLOW	Dream job
ORANGE	Anything you like