



WHAT WOULD I SAY TO MY YOUNGER SELF?

25 Reflections

1. Learn to touch type. Lean into voice dictation.
2. Develop a [good system for capturing stuff](#) that makes it easy to access it.
3. Every leader is a broken vessel so they will disappoint you. Don't put them on a pedestal. Don't let yourself be put on a pedestal.
- 4.
5. Feedback is essential for growth. Who have you invited to offer you helpful feedback?
- 6.
7. Don't [neglect your body](#). Don't worship your body.
- 8.
9. Know the difference between what [relaxes you and what recharges you](#).
10. Thank people. Often.
- 11.
12. Language matters. It shapes reality. Choose your words carefully.
13. Be clear who the leader is. It isn't you.
14. Embrace [spiritual disciplines](#). They are God's provision for growth in godliness.
15. Tell someone about your greatest temptation, struggle, addiction.
16. If you're blessed with things going well, in particular getting big, as Andy Stanley says 'don't take the weird pill'.
17. Love is your priority. 'We can disagree culturally, politically, theologically but we are called to love unconditionally.' (Andy Stanley)
- 18.
19. Read, listen to, or watch something about [productivity](#) every year.
20. Have something outside of work that stimulates or energises you.
21. Revisit your Arrow Resource File.
- 22.
23. Read some challenging theology.
24. Forgive. 70 x 7.
- 25.



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